



**RCA
CITY OF AUSTIN
RECOMMENDATION FOR COUNCIL ACTION**

AGENDA ITEM NO.: 6
AGENDA DATE: Thu 01/13/2005
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SUBJECT: Approve execution of an Interlocal Cooperation Agreement with Travis County and the Austin Travis County Mental Health Mental Retardation Center (ATCMHMRC) for the provision of mental health and mental retardation services by the ATCMHMRC in an amount not to exceed \$ 2,598,200 (\$1,472,147 City; \$1,126,053 County), with three 12-month renewal options in an amount not to exceed \$2,598,200 (\$1,472,147 City; \$1,126,053 County) per renewal option, for a total agreement amount not to exceed \$10,392,800 (\$5,888,588 City; \$4,504,212 County).

AMOUNT & SOURCE OF FUNDING: Funding in the amount of \$1,104,110 is included in the Fiscal Year 2004-2005 Approved Operating Budget of the Health and Human Services Department and \$844,540 will be provided by Travis County. The contract period for the Interlocal Agreement will be January 1, 2005 through December 31, 2005. Funding for the remaining three months of the contract and renewal options is contingent upon available funding in future budgets.

FISCAL NOTE: There is no unanticipated fiscal impact. A fiscal note is not required.

REQUESTING Health and Human
DEPARTMENT: Services

**DIRECTOR'S
AUTHORIZATION:** David Lurie

FOR MORE INFORMATION CONTACT: Vince Cobalis, Asst. Director, Human Services Division, 972-5011; Donna Jackson, HHSD Manager, 972-5017; Linda Terry, Agenda Coordinator, 972-5023

PRIOR COUNCIL ACTION: Approved Renewal and Amendment of the Calendar Year 2004 Interlocal Cooperation Agreement between the City of Austin, Travis County, and the Austin Travis County Mental Health Mental Retardation Center for the 2004 contract year on March 11, 2004.

BOARD AND COMMISSION ACTION: N/A

PURCHASING: N/A

MBE / WBE: N/A

Background

The Interlocal Agreement permits the City and County to leverage local funding with state, federal, and other sources of funds for the provision of mental health, mental retardation, and substance abuse services to indigent residents of the Austin/Travis County community. Austin Travis County Mental Health Mental Retardation ("ATCMHMR") Center is the State-designated Mental Health and Mental Retardation Authority for Travis County and the incorporated municipalities therein. ATCMHMR also is a provider of specialized substance abuse services.

Under this Interlocal, ATCMHMR is required to serve as the lead in assessment, planning, and evaluation functions relative to mental health, mental retardation, and substance abuse services in support of the Community Action Network ("CAN") process. ATCMHMR uses direct assistance from the City and County, through this Interlocal, to fulfill its obligations as the designated Mental Health and Mental Retardation Authority in Travis County and to fulfill its obligations to the City of Austin and Travis County under this Agreement. Finally, ATCMHMR also is responsible for the provision of certain mental



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health and mental retardation services, either as a direct provider or through subcontracts with other providers, for the priority populations redefined in 2005 by the Texas Department of Mental Health Mental Retardation (now Texas Department of State Health Services). The priority population is the target population to be served including adults diagnoses of schizophrenia, bi-polar disorder or clinically severe depression and children with severe and persistent mental illness, not excluding those with current or previous involvement with the criminal justice system. The change in priority target population definition impacts the number of individuals eligible for services but not the number of individuals that ATCMHMR services.

Calendar Year 2005 will be the ninth contract year for this Interlocal. The Agreement originally was developed in late 1996 for the initial contract period of calendar year 1997. The Interlocal approach initially was recommended by CAN and the contract amount for the initial term was based on prior social service contract amounts with ATCMHMR for these services. The Agreement has been reviewed and renewed each year, from calendar years 1997 through 2004. The total annual Interlocal Agreement amount is \$2,598,200: City share is \$1,472,147, and County share is \$1,126,053. The 2004 Interlocal Agreement is being renewed for Calendar Year 2005 and amended accordingly to incorporate relevant programmatic updates. The Agreement for Calendar Year 2005 includes the following program services:

Infant-Parent Program: Early Childhood Intervention (ECI) program for children ages 0-3 with disabilities and/or developmental delays and their families.

NOW Employment Services: Program providing opportunities for work and training in community-integrated work sites for adults with mental retardation and/or autism.

Child and Family Services: Services includes (a) intensive outpatient services for youth ages 3-17 who have a diagnosis of mental illness and exhibit severe emotional or social disabilities, and (b) mobile psychiatric emergency services (24-hour) for children in psychiatric crisis.

Medication Support Services: Psychiatric medication services for adults—ongoing psychiatric evaluation, medication maintenance, and medication education.

Psychiatric Emergency Services: Psychiatric screening, evaluation, crisis outreach, and short-term crisis intervention for adults—includes 24-hour emergency screening, evaluation, and crisis intervention services.

The Inn: A 16-bed crisis respite program for persons experiencing moderate to severe psychiatric crisis. This is a temporary residential program that offers a structured, supervised environment.

Oak Springs Treatment Center: Substance abuse treatment services for adults with dual diagnoses of substance use disorder and mental illness. Services include day treatment and outpatient services.

Safe Haven: Shelter for homeless persons with mental illness and co-occurring substance abuse disorders. Provides shelter, showers, bedding, meals, nurse assessment, and linkage to medical services.

ACCESS Program: Outreach, assessment, intensive case-management, and referral for persons with mental illness and co-occurring substance abuse disorders.

Integrated Behavioral Health Program (IBHP): Patients treated at primary health clinics offered behavioral health screenings and interventions

Performance Measures

Related Departmental Goals:

- **Prevention: Health Services; Prevent the spread of communicable disease and reduce the risk of**



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health complications due to disease and unhealthy behaviors.

- **Protection:** Health Services; *Minimize the public's exposure to health and environmental hazards.*
- **Prevention/Provision:** Social Services; Promote and foster increased self-sufficiency, healthy behaviors, and lifestyle among targeted populations.

Output Measures

- Provide services to 725 unduplicated clients-Infant-Parent Program
- Provide services to 160 unduplicated clients (only includes clients who have chosen a solid vocation goal)- NOW Employment Services
- Provide services to 1,500 unduplicated clients for individual counseling, family counseling group counseling, care coordination and psychiatric services (age3-18)-Child and Family Services
- Provide services to 5,500 unduplicated clients- East 2nd Mental Health Clinic – Medication Support Services
- Provide 17,500 client hours of services -East 2nd Mental Health Clinic – Medication Support Services
- Provide services to 4,000 unduplicated clients-Psychiatric Emergency Services
- Provided 8,342 bed days- The Inn
- Provide services to 720 unduplicated clients-The Inn
- Provide services to 570 unduplicated clients- Oak Springs Treatment Center
- Provide services to 65 unduplicated clients-Safe Haven
- Provide 5,000 bed days- Safe Haven
- Provide services to 600 unduplicated clients-Access Program
- Appropriate outputs for the ATCMHMR positions in the City and County primary care settings will be identified and benchmarked by mid 2005 contract period-Integrated Behavioral Health Program

Outcomes Measures

- Percent of clients measured who have achieved projected mental health outcomes. FY 2005 Goal: 93%
- Ninety-five percent (95%) of children with mental retardation/developmental disabilities will show a positive change in their rate of development—Infant Parent Program
- Maintain customer satisfaction of ninety percent (90%) or better as measured by the Mental Health Statistic Improvement Program (MHSIP) Consumer Survey for Children & Families-Infant Parent Program
- Fifty percent (50%) of all persons served by NOW Employment Services will be supported in individual and community-integrated work sites
- Maintain a customer satisfaction rate of ninety percent (90%) or better as measured by the MR Service satisfaction survey-NOW Employment Services
- Sixty percent (60%) of clients receiving services will show improvement in psychiatric functioning as evidenced by improved scores at 90 days- Child and Family Services
- Maintain ninety-seven (97%) or more East 2nd Mental Health Clinic ATCMHMR priority population clients stable and in the community-Medication Support Services (MSS)
- Maintain customer satisfaction rate of ninety percent (90%) or better as measured by the MHSIP Consumer Survey - Medication Support Services (MSS)



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- Maintain youth and adult suicide rates of less than one percent (1%) among PES clients who have been served within the last forty-eight (48) hours-Psychiatric Emergency Services (PES)
- Maintain customer satisfaction rate of ninety percent (90%) or better as measured by the Client Satisfaction Questionnaire 8 (CSQ-8)-Psychiatric Emergency Services (PES)
- Maintain adult suicide rates for less than one percent (1%) among the Inn clients who have been served within the last forty-eight (48) hours - The Inn
- Maintain customer satisfaction rate of ninety percent (90%) or better as measured by the CSQ-8-The Inn
- Seventy percent (70%) of clients will show sobriety (zero days alcohol or drug use) in the past thirty (30) days prior to the 60-day past discharge follow - Oak Springs Treatment Center
- Maintain a customer satisfaction rate of ninety (90%) or better as measured by the MHSIP Consumer survey- Oak Springs Treatment Center
- Ninety percent (90%) of clients will be successfully linked to mainstream (regular Adult Mental Health and or Co-Occurring Disorder) services- Oak Springs Treatment Center
- Maintain a customer satisfaction rate of ninety (90%) or better as measured by the CQS-8 - Safe Haven
- Demonstrate improvement in psychiatric functioning as evidenced by improved scores on the Texas Recommended Assessment Guideline (TRAG) (50% of clients' post-test scores show improvement from their pre test scores)-ACCESS
- Maintain a customer satisfaction rate of 90% or better as measured by the MHSIP consumer survey- ACCESS
- Appropriate outcomes for the ATCMHMR positions in the City and County primary care settings will be identified and benchmarked by mid 2005 contract period-Integrated Behavioral Health Program

Requested Council Action

Council is requested to approve execution of an the Interlocal Cooperation Agreement with Travis County and the Austin Travis County Mental Health Mental Retardation Center for the provision of mental health and mental retardation services in an amount not to exceed \$2,598,200 (\$1,472,147 City; \$1,126,053 County), with three 12-month renewal options in an amount not to exceed \$2,598,200 (\$1,472,147 City; \$1,126,053 County) per renewal option, for a total agreement amount not to exceed \$10,392,800 (\$5,888,588 City; \$4,504,212 County).